

2002 School Health Education Profile (SHEP)**Lead Health Education Teacher - Overall Results for ESD 101**

	ESD 101 n=25	State n=188
1 Is a health education course required for students in any of grades 6 through 12 in this school?		
Yes	91%	83%
2 During this school year, have teachers in this school tried to increase student knowledge on each of the following topics in a required health education course in any of grades 6 through 12?		
Alcohol or other drug use prevention	100%	97%
Tobacco use prevention	100%	98%
3 During this school year, have teachers in this school asked students to participate in each of the following activities as part of a required health education course in any of grades 6 through 12?		
Identify and analyze advertising in the community designed to influence health behaviors or health risk behaviors	70%	61%
Advocate for a health-related issue	50%	41%
Complete homework assignments with family members	80%	69%
4 During this school year, did teachers in this school teach each of the following tobacco use prevention topics in a required health education course for students in any of grades 6 through 12?		
Short- and long-term health consequences of cigarette smoking (such as stained teeth, bad breath, heart disease, and cancer)	100%	97%
Benefits of not smoking cigarettes (including long- and short-term health benefits, social benefits, environmental benefits, and financial benefits)	100%	95%
Risks of cigar or pipe smoking	90%	78%
Short- and long-term health consequences of using smokeless tobacco	95%	91%
Benefits of not using smokeless tobacco	100%	90%
Addictive effects of nicotine in tobacco products	100%	93%
How many young people use tobacco	90%	87%
The number of illnesses and deaths related to tobacco use	95%	88%
Influence of families on tobacco use	90%	85%
Influence of the media on tobacco use	95%	89%
Social or cultural influences on tobacco use	95%	82%
How to find valid information or services related to tobacco use cessation	80%	69%

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Making a personal commitment not to use tobacco	70%	57%
How students can influence or support others to prevent tobacco use	80%	80%
How students can influence or support others in efforts to quit using tobacco	80%	78%
How to say no to tobacco use	90%	89%
The health effects of environmental tobacco smoke (ETS) or second-hand smoke	100%	93%
5 During this school year, in which of the following grades was information on tobacco use prevention provided?		
6 th grade	92%	79%
7 th grade	88%	82%
8 th grade	82%	79%
9 th grade	100%	84%
10 th grade	86%	79%
11 th grade	71%	62%
12 th grade	64%	61%
6 Are required tobacco use prevention units or lessons taught in each of the following courses in this school?		
Science	22%	20%
Home economics or family and consumer education	50%	34%
Physical education	35%	30%
Family life education or life skills	48%	35%
Special education	16%	16%
7 During this school year, have any health education staff worked with each of the following groups on health education activities?		
School health services staff (e.g., nurses)	80%	74%
School mental health or social services staff (e.g., psychologists, counselors, and social workers)	75%	69%
Community members	50%	59%
8 During this school year, has this school done each of the following activities?		
Provided families with information on the health education program	72%	76%
Met with a parents' organization such as the PTA or PTO to discuss the health education program	29%	21%
Invited family members to attend a health education class	50%	43%

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9 During the past two years, did you receive staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on tobacco use prevention?		
Yes	28%	37%
10 Would you like to receive staff development on tobacco use prevention?		
Yes	44%	58%
11 Including this school year, how many years have you been teaching health education?		
1 year	8%	9%
2 to 5 years	29%	33%
6 to 9 years	17%	18%
10 to 14 years	4%	13%
15 years or more	42%	27%